

## //Quest.Rules

### QUEST Behavior Expectations

#### 01. Love God

- Scripture tells us to love God with all of our heart, mind, and strength. Quest exists to help students grow closer in their walk with God. So when you are at Quest, your attitude and actions should reflect Christ.

#### 02. Love Others

- Jesus commands us to love one another. In fact, He said it is the second most important commandments.
- Loving others means you will treat others with dignity and respect just as you would like to be treated, no matter what.
- Sometimes we do not like certain people, but we are instructed to love them any way.
- Here are some ways to love others:
  - Respect one another even if you think they don't deserve it.
  - Encourage and pray for one another.
  - Do not gossip about others.
    1. if you hear gossip try to stop it.
  - Do not fight with others.
    1. fighting doesn't solve anything and it just causes more pain and frustration.
    2. try to resolve issues by talking it out and if that doesn't work ask a sponsor to help
  - Don't make fun of people.
    1. our words are very powerful; we should use them to build others up and not tear others down.
    2. nobody is perfect...including you.

#### 03. Be In The Moment

- At Quest we love to have fun, be wild, and do stupid stuff. But we also like to be serious from time to time. Act appropriately for the moment. If we are worshiping then worship. If we are goofing off then goof off. If we are studying scripture then study scripture. If you are supposed to pay attention to a leader then pay attention. You get the point.
- Refrain from distracting others who are trying to be in the moment.

#### 04. R-E-S-P-E-C-T

- Respect your leaders.
  - When they are talking, please listen attentively.
  - If they ask you to do something, please do it the first time.
  - If you disagree with them, do what they want anyway and then talk to them privately about it later.
- Respect you peers.
  - It is amazing how much respect you will receive when you are willing to give it first.
  - Do not harass others...we have to take this very seriously so don't even joke about it.
- Respect yourself.
  - Dress for respect.
    1. Girls: no mid-drift, cleavage, or butt cheeks.
    2. Guys: pull your pants up and keep your shirts on. Oh, and no mid-drifts, cleavage, or butt cheeks either (that's just gross!)
- Respect the property and facilities.
  - If you make a mess, please clean it up immediately.
  - If something accidentally breaks, please tell a sponsor about it so they can take care of it.
  - Please do not destroy or vandalize stuff just because you are bored or think it will be funny.



## **05. Control Your Tongue**

- We are told in the Bible that our language can get us into a lot of trouble if we aren't careful.
- When you speak:
  - Do not cuss or swear.
  - Do not use "God" or "Jesus" as a profanity.
  - Do not gossip or lie.
  - Do not yell at each other.
  - Do not talk back to a leader with an attitude.

## **06. If It Is Illegal Or Dangerous, Please Don't Do It!**

- These things are strongly prohibited have serious consequences:
  - Drugs (illegal or prescription)
  - Alcohol
  - Smoking & Tobacco products
  - Weapons
    - 1. this includes pocket knives, brass knuckles, and guns of any sort (unless otherwise instructed)
  - Fireworks, explosives, and anything that produces a flame.
  - Harassment (sexual, verbal, and physical)
  - Fighting or bullying
  - Climbing on buildings.
  - Pornography
- If you are unsure of something, ask a sponsor just to be sure.

## **07. Be Where You Are Supposed To Be**

- Once you arrive at Quest or a Quest event, you are not allowed to leave unless you have been given permission by a sponsor.
- Refrain from leaving any group time to go to the bathroom. This means you need to go potty before or after groups. They only last 20 minutes anyway, you can hold it.
- If you are told to be at a certain place at a certain time, be sure to be there.

## **08. Hands Off Tech Stuff & Instruments**

- Anything on stage or behind the tech booth is usually expensive and set-up just right, please do not mess with this stuff unless you have been trained and given permission to do so.

## **09. Being A Tattle Tale Was Only Cool In Kindergarten.**

- If you see someone breaking the rules don't just look the other way. Try to get them to stop.
- Hold your friends accountable.
- Try your best to settle conflict amongst yourselves; if you cannot settle a conflict on your own then ask a sponsor to help.
- If someone is doing something dangerous or illegal, it not considered snitching if you tell a sponsor.

## **10. Have FUN!**

- Quest is designed to be fun. So have fun, bring friends, and grow in you relationship with Christ.
- Our isn't to limit people with rules or push people away, but to make Quest a safe and controlled environment that is welcoming to everyone.
- These guidelines were designed to make Quest even better. Remember, these rules were created by the youth group, not the adults.

Signature of Student: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

